

The Pew Charitable Trusts invited officials from behavioral health or other agencies that are involved in recovery measurement efforts in 50 states, District of Columbia, American Samoa, Guam, Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands to answer a questionnaire conducted through Qualtrics about recovery measurement efforts in treatment and recovery service. Potential respondents were identified by name, title, and jurisdiction using the [Single State Agency directory](#) published by the Substance Abuse and Mental Health Services Administration were prompted on three separate occasions if needed to complete the questionnaire. Of the 56 agencies invited, 39 officials responded. Data was collected between September 17 and November 8, 2024. The questions asked and aggregate responses can be found below.

Please note: Details on response skip logic—used to show the questions that appeared for participants based on their response choice—are outlined in the blue boxes below.

## Questionnaire

### **I. PART ONE: Overview**

*Some states have implemented initiatives to measure recovery from substance use disorder or recovery capital ([defined as](#) the internal and external resources that can be used to start and maintain recovery). This can be done at the provider/program level whereby states require certain providers such as recovery community organizations or treatment agencies to assess the recovery or recovery capital of the people they serve or using a population health approach that addresses the health and wellbeing of communities at the state level. At the provider/program level, these initiatives may be used for individual client recovery planning or quality improvement, and at both levels may be used to inform and shape the development of policies and programs.*

*This survey will ask a series of questions to determine whether your state has engaged in these types of initiatives using setting specific efforts or a population health approach, the scope of the initiatives, the measurement tools that are used, and barriers/challenges in measuring recovery/recovery capital. Your responses will be used to inform state and federal policymakers, researchers, and the general public about state-level recovery measurement efforts, identifying promising practices to explore in follow up interviews, and provide practical guidance for other states interested in implementing their own efforts.*

*The results will only be shared in the form of total counts of states in publications. As such, no state-specific information will be shared externally without your explicit consent. If you do not know the answer to a question, please ask an individual who you believe may have the response, otherwise, you may indicate this in the text or select 'don't know' where applicable. It will take approximately 15-30 minutes to complete. Thank you for your participation.*

### **II. PART TWO: Measuring Recovery: Provider/Program Level Initiatives** *Please respond to the following close-ended questions by selecting the most appropriate response(s).*

This set of questions is about requirements for certain programs or providers to conduct recovery assessments. These programs may use these assessments to develop and update client recovery plans and/or for quality improvement efforts.

*Does your state require certain programs or providers to conduct recovery assessments (for example, as a condition of licensure or to receive funding)?*

Yes	18
No	13
Don't know	7
<u>N = 38</u>	

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = Yes (N=18)*

*Which programs/providers are required to conduct recovery assessments? [Select all that apply]*

Recovery community organizations	13
Recovery homes	8
Supportive housing programs	6
Substance use disorder treatment facilities (not including opioid treatment programs or office-based opioid treatment facilities)	10
Opioid treatment programs	8
Office-based opioid treatment settings	5
Community health centers	6
Community behavioral health centers or community mental health centers	7
Other (please describe)	4
Don't know	*
<u>N = 18</u>	

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*Display This Question:*

*If Which programs/providers are required to conduct recovery assessments? [Select all that apply] = Substance use disorder treatment facilities (not including opioid treatment programs or office-based opioid treatment facilities) (N=10)*

*Are the substance use disorder treatment facilities inpatient, outpatient, or both?*

Inpatient	*
Outpatient	1
Both	8
<u>N = 9</u>	

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = Yes (N=18)*

*And Which programs/providers are required to conduct recovery assessments? [Select all that apply] Selected Choices Count Is Greater Than 1*

*Is the same recovery assessment instrument (for example, Brief Assessment of Recovery Capital (BARC-10)) mandatory across all programs/providers that are required to conduct recovery assessments?*

Yes	4
No	10
Don't know	2
<u>N = 16</u>	

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*If a setting is selected, participants will be asked the following questions a-d for EACH program/provider selected)*

- a. What instrument is used by [program/provider type]? Participant may select multiple choices. [Select all that apply]*

Addiction Severity Index (ASI)	18
Assessment of Recovery Capital (ARC)	2
Behavioral Health Recovery Management System (BHRMS)	*
Brief Addiction Monitor	1
Brief Assessment of Recovery Capital (BARC-10)	9
European Health Interview Survey-Quality of Life (EUROHIS-QOL)	*
Hope and Coping in Recovery Measure	4
Individual Recovery Outcomes Counter (I-ROC)	*
Making Decisions Empowerment Scale (MDES)	*
Mental Health Recovery Measure (MHRM)	2
Multidimensional Inventory of Recovery Capital	1
Quality of Life (WHOQOL)-BREF	*
Rapid Recovery Progression Measure	*
Recovery Assessment Scale (RAS)	*
REC-CAP (Recovery Capital) assessment	4
Recovery Capital Scale (RCS)	6
Recovery Experience Questionnaire (REQ)	*
Recovery Progression Measure (RPM)	1
Recovery Self-Assessment (RSA)	4
Stages of Recovery Instrument (STORI)	3
Substance Use Recovery Evaluator (SURE)	5
Substance Abuse Treatment Scale (SATS)	*
Substance Use Recovery Evaluation and Performance Outcome (SURE-P)	*
State-developed instrument (please describe) – “Recovery Link- data platform utilized to gather recovery data from RCOs and WITS to gather data for Recovery Works funding (state funds)”	1
State-developed instrument (please describe) – “State does not require a standard assessment tool but does require standard assessment components.”	2
State-developed instrument (please describe) – “recovery assessments not required”	1
Other	16
Don’t know	7
<u>N = 17</u>	

*b. Why are [program/provider type] required to conduct these assessments? [Select all that apply]*

As a condition of state certification or licensure	13
To receive state grants	16
To receive Medicaid payments	17
As a condition of external funding to the state that the programs benefit from (e.g., grants from SAMHSA)	19
To comply with state legislation or mandates	5
As part of accreditation requirements (e.g., Joint Commission, CARF)	8
Under contractual obligations with managed care organizations	8
As part of quality improvement initiatives	21
Other	10
Don't know	6
<u>N = 17</u>	

*c. What supports or resources does your state provide to [program/provider type] in conducting recovery assessments? [Select all that apply]*

Staff Training	37
Ongoing or occasional technical assistance (beyond initial training)	37
Funding for technology upgrades	12
Data analysis and reporting tools	16
Financial incentives or grants	16
Development of standardized assessment protocols	10
Peer support and mentoring programs	14
Access to educational resources and materials	22
Regular feedback and performance reviews	20
Integration with electronic health records (EHR) systems	4
Coordination with community resources and services	19
Other	1
None	8
Don't know	1
<u>N = 17</u>	

d. Does your state require these [program/provider type] to report the data collected from the measurement tool(s) to the state?

Yes	34
No	17
Don't know	*
<u>N = 17</u>	

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = Yes (N = 18)*

*Does your state analyze the recovery measures required by certain programs/providers by race/ethnicity, gender, or other demographic variables?*

Yes	10
No	4
Don't know	3
<u>N = 17</u>	

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = Yes (N=18)*

*Does your state involve people in recovery from substance use disorders in any efforts to require certain programs/providers to conduct recovery assessments? (e.g., obtaining feedback, deciding to require recovery assessments, or choosing the measurement tool)*

Yes	12
No	3
Don't know	2
<u>N = 17</u>	

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*Display This Question:*

*If Does your state involve people in recovery from substance use disorders in any efforts to require... = Yes (N = 12)*

*How does your state involve people in recovery in measurement-related efforts? Please specify the aspects of recovery measurement efforts that people in recovery have been involved in.*

N = 11

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = Yes (N=18)*

*What challenges does your state experience to require certain programs/providers to conduct recovery assessments? [Select all that apply]*

Insufficient staffing capacity within state agencies	9
Insufficient staffing capacity within service providers	13
Providers do not have necessary technology	7
Insufficient funding within the state agency	8
Unsure what or how to measure	6
Competing data collection requirements such as the Government Performance and Results Act (GPRA), Treatment Episode Data Set (TEDS), or Block grant reporting	11
Other – “The time it takes to do the assessment and interruption in service to perform assessment”	1
Other	2
Do not experience barriers	*
Don't know	1

N = 17

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*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = No (N=13)*

*What are the barriers to require certain programs/providers to conduct recovery assessments? [Select all that apply]*

Insufficient staffing capacity within state agencies	5
Insufficient staffing capacity within service providers	6
Providers do not have necessary technology	3
Insufficient funding within the state agency and Unsure what or how to measure	5
Competing data collection requirements such as the Government Performance and Results Act (GPRA), Treatment Episode Data Set (TEDS), or Block grant reporting would make such an effort too burdensome.	8
Other	5
Do not experience barriers	*
Don't know	*

N = 12

*Display This Question:*

*If Does your state require certain programs or providers to conduct recovery assessments (for exampl... = No (N=13)*

*Is your state considering requiring certain programs/providers to conduct recovery assessments in the future?*

Yes	5
No	4
Don't know	*

N = 9

*Display This Question:*

*If Is your state considering requiring certain programs/providers to conduct recovery assessments in the future? = Yes (N=5)*

*Please describe your states' future plans.*

N = 5

This set of questions is about efforts to measure recovery at the state level, for example by conducting a survey of the general population or all people who have received publicly funded treatment or recovery services, but not as part of treatment or recovery planning or program quality improvement efforts.

*Has your state attempted to measure recovery from substance use disorders at the state-population level (e.g., a state-wide survey)?*

Yes	12
No	23
Don't know	3
<u>N = 38</u>	

*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = Yes (N=12)*

*What established recovery or recovery capital measurement tools has your state used to measure recovery? [Select all that apply]*

Substance Use Recovery Evaluator (SURE)	1
Brief Assessment of Recovery Capital (BARC-10)	3
Assessment of Recovery Capital (ARC)	*
Recovery Progression Measure (RPM)	1
European Health Interview Survey-Quality of Life (EUROHIS-QOL)	*
Quality of Life (WHOQOL)-BREF	*
Hope and Coping in Recovery Measure	1
Rapid Recovery Progression Measure	*
Brief Addiction Monitor	2
Multidimensional Inventory of Recovery Capital	*
REC-CAP (Recovery Capital) assessment	*
Recovery Assessment Scale (RAS)	2

Mental Health Recovery Measure (MHRM)	1
Addiction Severity Index (ASI)	3
Recovery Self-Assessment (RSA)	2
Recovery Capital Scale (RCS)	3
Recovery Experience Questionnaire (REQ)	*
Making Decisions Empowerment Scale (MDES)	*
Stages of Recovery Instrument (STORI)	*
Substance Abuse Treatment Scale (SATS)	1
Behavioral Health Recovery Management System (BHRMS)	1
Substance Use Recovery Evaluation and Performance Outcome (SURE-P)	2
Individual Recovery Outcomes Counter (I-ROC)	*
State-developed instrument – “Annual State created Lived Experience Survey”	1
Other	5
Don’t know	*
<u>N = 10</u>	

*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = Yes (N=12)*

Did your state involve people in recovery from substance use disorders in any efforts related to measuring recovery state-wide? (e.g., developing the measurement strategy, deciding to measure, or choosing the measurement tool)

Yes	6
No	2
Don’t know	2
<u>N = 10</u>	

*Display This Question:*

*If Did your state involve people in recovery from substance use disorders in any efforts related to measuring recovery... = Yes (N=6)*

*How did your state involve people in recovery in measurement-related efforts? Please specify the aspects of recovery measurement efforts that people in recovery were involved in.*

N = 5

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*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = Yes (N=12)*

*Does your state analyze the recovery measures collected by your state by race/ethnicity, gender, or other demographic variables?*

Yes	6
No	4
Don't know	*

N = 10

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*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = Yes (N=12)*

*What are the challenges to measuring recovery at a population level in your state? [Select all that apply]*

Insufficient staffing capacity within state agencies	6
Insufficient funding within the state agency	6
Unsure what or how to measure	4
Competing data collection requirements such as the Government Performance and Results Act (GPRA), Treatment Episode Data Set (TEDS), or Block grant reporting	5
Other	2
Do not experience challenges	3
Don't know	*

N = 11

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*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = No (N=23)*

*What are the challenges to measuring recovery at a population level in your state? [Select all that apply]*

Insufficient capacity within state agencies	13
Insufficient funding within the state agency	9
Unsure what or how to measure	5
GPRA, TEDS, or Block grant reporting data is sufficient therefore additional reporting unnecessary	1
Competing data collection requirements such as the Government Performance and Results Act (GPRA), Treatment Episode Data Set (TEDS), or Block grant reporting would make such an effort too burdensome.	15
Other	6
Do not experience barriers	*
Don't know	*

N = 22

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*Display This Question:*

*If Has your state attempted to measure recovery from substance use disorders at the state-population... = No (N=23)*

*Is your state considering measuring recovery from substance use disorders on the population level in the future?*

Yes	9
No	3
Don't know	*

N = 12

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*Display This Question:*

*If Is your state considering measuring recovery from substance use disorders on the population level in the future? = Yes (N=9)*

*Please describe your states' future plans.*

N = 9

**III. PART THREE: Additional information.** *Participants will respond to the following open-ended questions by filling in the text box.*

*Is there any other information related to your state's recovery measurement efforts that you would like to share?*

N = 20